

Conservative Management Defined for imaging purposes

Glossary of Medical Terms

IMPORTANT NOTES

Medical or Conservative Management prior to imaging requirement is satisfied if the following are met:

1. Nonsteroidal anti-inflammatory drugs for at least four weeks (Requirement is waived if NSAIDS are not tolerated or contraindicated, or if condition worsens while under treatment.)
2. Activity modification or physical therapy if appropriate

Red Flags Disregard any requirement for conservative management if any of the following are part of the clinical history:

- Abnormal CBC, Sed Rate, etc.
- Bladder and Bowel dysfunction
- Fever
- Cancer, History of Immunocompromised state
- IV drug use
- Major weakness of a limb
- Pain increased at rest
- Saddle anesthesia
- Trauma
- Unexplained weight loss
- Urinary tract infections